

When it comes to the impact my English teacher had on me, a good case in point is what happened to me when I was in senior two. I lost in the oral English contest on a Friday, feeling disappointed. My English teacher helped me get rid of the depression. With her help, I gradually regained my confidence.

In my opinion, the influence that a teacher has on the students is of great significance. To be exact, it is certainly beneficial to the students' growth and their study. Moreover, it absolutely contributes a lot to bettering the students' self-development as well as realizing their dreams.

二、常用套语

1. 描述回忆。

(1) **It reminds me of** one of my friends who helped me a lot when I was in trouble last year.这让我想起了去年在我身处困难时给予我很多帮助的一位朋友。

(2) **Having reading the article, I can't help recalling** the men who helped me out that night.在读完这篇文章后,我禁不住想起那晚给予我帮助的人。

(3) **To be honest, it recalls something that happened to me when** I was in the middle school.老实说,这让我想起了我读中学时的一件事。

(4) **It suddenly occurred to me that** it was confidence that helped me overcome the difficulties last year.我突然想起去年是自信帮助我克服了困难。

2. 举例说明。

(1) **When it comes to** the harm of dishonesty, **a good case in point is what happened** on my last holiday.当谈到不诚实的坏处,我上次度假发生的事就是一个很好的例子。

(2) **I think perhaps nothing can illustrate** the influence my teacher had on me **better than the example of** her teaching me how to be myself.我想可能没有比老师教会我如何做自己的例子更能说明老师给予我的影响了。

(3) **A good example of** this changed attitude **can be best provided by the case of** a student who stressed openly that going to the key university is not the prime objective of today's students.说明年轻人态度变化的一个很好的例子是一名学生公开声明上重点大学并不是今天的学生所追求的首要目标。

3. 表达看法。

(1) **I deem that/ I hold the opinion that** the influence that my mother has on me is of great significance/ importance.我认为,妈妈给予我影响是十分重要的。

(2) **In my opinion/From my point of view,** it is a good idea to raise people's awareness of obeying rules and regulations.就我看来,提高人们遵守规章制度的意识是个好主意。

注意:描述积极的影响时,考生可运用以下的常用套语:

(1) **It is certainly beneficial to** helping the students to get to know the significance of study.这确实有益于帮助学生了解学习的重要性。

(2) **It absolutely contributes a lot to** the protection of people's right and their duties.这确实有益于保护人们的权利和义务。

(3) **It definitely benefits me a lot when** I am really eager to regain my confidence.当我很迫切地想要重拾信心时,这确实让我受益颇多。

(4) **It is surely helpful in** promoting the spirit of the Universidad.这确实有益于推广大运精神。

三、原创练习

2. 以约 120 个词就成长过程中朋友给予的帮助谈谈你的想法,内容包括:

- (1) 上文使你想起哪位对你帮助最大的朋友;
- (2) 举例说明朋友的帮助给你带来的影响;
- (3) 你怎样看待朋友的帮助给你的影响。

[参考范文]

(概括略)

Having reading the article, I can't help recalling one of my friends who helped me the most. To be specific, it was she that offered me the chance to know nothing is impossible to a willing heart.

I think perhaps nothing can illustrate the impact of my friend's help better than the example of the one that happened when I was in senior one. I remembered that day after knowing the results in the exam, I became depressed because I didn't do well in it. However, having talked to my best friend, I felt confident again, because she enabled me to know as long as I worked hard, I would succeed one day.

I deem that the influence that my friend's help has on me is of great importance. More specifically, it definitely benefits me a lot when I badly need help and encouragement. Besides, it is helpful in strengthening the friendship between my friend and me.

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