

有效提高阅读理解水平 课内外双线并行

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很多英语老师在讨论英语中考如何取胜时，都认同一句话：“得阅读理解者，得天下。”可见重视阅读教学和阅读训练势在必行。可是目前我们山区学校的学生存在阅读速度慢、逐字逐句翻译、生词打断阅读思维等不良的阅读习惯，学生英语阅读理解能力的水平参差不齐，有待提高，阅读策略的培养显得尤为重要。为此，我坚持“两手抓”方针，一边抓课堂，渗透培养阅读策略；一边抓课外训练，指导运用阅读技巧，双线并行，有效地突破了阅读难点。

一、立足教材，优化课堂设计，渗透阅读策略

英语阅读教学首先要充分利用新目标英语教材中的 3a 和 Reading 两个板块，优化课堂设计，教授学生必要的阅读策略，引导学生了解并熟练运用阅读策略，改正低效的阅读习惯，发展阅读技能，逐步提高自主语言学习能力和综合语言运用能力。

【案例 1】新目标英语九年级第六单元 Reading.

Step 1: Warming up

Groupwork: Please describe Mr. Zhang's meals.

Eat...for ...= Have...for...

breakfast	milk, an egg, some bread
lunch	hamburger, beer, coke
supper	rice, fish, vegetables, fruit

Name	What to eat	What not to eat
Peter	food that tastes good	/
Tony	food that I like	food that is fried
Laura	Food that is healthy	Food that has been cooked in oil

T: This is your math teacher, Mr. Zhang. Let's look at his meals and discuss: What do you think of his meals? It is healthy? Why? How about you?

Step 2: Reading (Before you read)

课件呈现 Linda's Diet 和 Jack's Diet, 同学们做 Pairwork 讨论交流: Which diet is healthier and why? 请部分同学在全班表达观点。老师在评价的过程中导入目标词汇: to be honest, be bad for, stay away from sugar, are in agreement, increase the risk of cancer. 板书这些词汇并逐步引导学生猜测词义。

T: We are all in agreement, Linda's diet is healthier. Because the foods that Linda eats are healthy. And those that Jack eats are bad for health. To be honest, coke tastes better than water. Sometimes we also like to drink coffee and coke, eat some sweet desserts. From now on, we should try to stay away from them.

Step 3: Reading -Fast reading

T: Just now you showed your opinions on healthy diet. How important is keeping healthy to us? A group of young people got together to discuss this question. Please read

parts of their discussion.

Read quickly and answer the following questions: How many people are talking in the passage? Who are they?

Step 4: Reading - Careful reading

TASK (1): Read and complete the chart

TASK (2): Finish 3b & 3c

TASK (3): Read again and answer: What is Peter's/ Laura's / Tony's opinion?

Ask students to read the passage again and answer the following questions: ① What does the word "those" in the last paragraph refer to? ② Whose diet is the healthiest, Peter's, Tony's or Laura's? ③ Where may you read this article? In a book, a newspaper or a magazine? ④ What does the writer want to tell us? (What's the main idea of the passage?)

Step 5: Project

Ask students to talk about "How to keep a balanced diet" in groups. First, the teacher can list the students' advice on the blackboard. Then ask some students to say something about it. Try to make it a short passage.

Step 6: Homework: Write a short passage "How to Keep a Balanced Diet" in English.

二、重视延伸，优化训练技能，提高阅读水平

1. 关注考点，指导解题技巧

考点主要集中在：掌握材料的主旨大意，以及用以体现主旨大意的事实和细节，when, where, who, what, why, how 等内容，一